



- Student Office File
- Student Medical File
- Food Services File

## Medical Statement for Student Requiring Special Meals (2019/2020)

\_\_\_\_\_  
Student Last Name, First Name

\_\_\_\_\_  
Birth Date

\_\_\_\_\_  
Grade

**THIS PORTION TO BE COMPLETED BY A LICENSED HEALTH PROFESSIONAL**  
(please print clearly)

Identify and describe medical condition, including allergies that require the student to have a special diet. Describe the major life activities affected by the student's medical condition.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Nutrition Prescription (check all that apply):**

- |  |  |
|--|--|
| <input type="checkbox"/> Diabetic (include calorie level or attach meal plan)  | <input type="checkbox"/> Modified Texture and/or Liquids |
| <input type="checkbox"/> Reduced Calorie   | <input type="checkbox"/> Increased Calorie               |
| <input type="checkbox"/> Food Allergy (describe): _____<br><i>(Please complete a Food Allergy Assessment Form in the main office.)</i> |  |
| <input type="checkbox"/> Other (describe): _____   |  |

**Food Omitted and Substitutions:**

Use space to list specific food(s) to be omitted and food(s) that may be substituted. You may attach an additional sheet if necessary.

**OMITTED FOODS**

**SUBSTITUTIONS**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Indicate Texture:

- |                                  |                                  |                                 |                                  |
|----------------------------------|----------------------------------|---------------------------------|----------------------------------|
| <input type="checkbox"/> Regular | <input type="checkbox"/> Chopped | <input type="checkbox"/> Ground | <input type="checkbox"/> Pureed  |
| <input type="checkbox"/> Regular | <input type="checkbox"/> Nectar  | <input type="checkbox"/> Honey  | <input type="checkbox"/> Pudding |

Indicate thickness of liquids:

Special Feeding Equipment:

Additional comments:

\_\_\_\_\_  
\_\_\_\_\_

I certify that the above-named student needs special school meals as described above, due to the student's disability or chronic medical condition.

\_\_\_\_\_  
Signature of Licensed Health Professional (LHP)

\_\_\_\_\_  
Date of Signature

\_\_\_\_\_  
Print Name of Licensed Health Professional (LHP)

\_\_\_\_\_  
Telephone Number

**THIS PORTION TO BE COMPLETED BY THE PARENT/GUARDIAN**

I hereby give my permission for the school staff to follow the above stated nutrition plan.

\_\_\_\_\_  
Signature of both Parents/Custodial Parent/Guardian

\_\_\_\_\_  
Date of Signature

\_\_\_\_\_  
\_\_\_\_\_

**Telephone Numbers:**

**HOME**

**WORK**

**CELL**

Mother/Guardian \_\_\_\_\_

Father \_\_\_\_\_